



# Harbor Mist Restaurant



## Restaurant Week Lunch Prix Fixe Menu \$20

### Select a First Course

**Fresh Mozzarella Caprese**  
Sliced tomato, roasted peppers, fresh basil,  
extra virgin olive oil, balsamic glaze

**Tuna Tacos**  
Blackened tuna, mango salsa, crispy wonton shell

**Caesar Salad**  
Romaine, seasoned croutons, homemade Caesar  
dressing & shaved parmesan

**Sicilian Meatballs or Vegetarian Meatballs**  
Marinara & ricotta

**Steamed Mussels**  
In classic marinara or white wine garlic

**Powerball Salad**  
Baby spinach, carrots, quinoa, almonds,  
avocado, chickpeas, tomatoes, onion & balsamic  
vinaigrette

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### Select an Entree

**Fillet of Sole Francaise**  
served with vegetable of the day,  
whipped potatoes & lemon beurre blanc

**Organic Chicken Parmesan**  
Topped with marinara & melted mozzarella  
Served over linguini

**Harbor Mist Burger**  
8oz Angus beef burger on a brioche bun with  
lettuce, tomato & raw onion, with fries

**Vegetable Burger**  
Served on a brioche bun with guacamole &  
chipotle aioli served with fries

**Chicken Mist**  
Grilled chicken topped with artichoke hearts,  
sun dried tomatoes, mushrooms &  
white wine sauce over linguini

**Fresh Tagliatelle**  
With sweet and spicy Italian sausage,  
tomato ragout & fresh peas

**Zucchini Noodles**  
In Lentil Ragout

**Grilled Chicken Wrap**  
Lettuce, tomato, bacon, smashed avocado &  
chipotle aioli, with fries



# Harbor Mist Restaurant



## Restaurant Week Dinner Prix Fixe Menu

### Select a First Course

**Fresh Mozzarella Caprese**  
Sliced tomato, roasted peppers, fresh basil,  
extra virgin olive oil, balsamic glaze

**Tuna Tacos**  
Blackened tuna, mango salsa, crispy wonton shell

**Caesar Salad**  
Romaine, seasoned croutons, homemade Caesar  
dressing & shaved parmesan

**Sicilian Meatballs or Vegetarian Meatballs**  
Marinara & ricotta

**Steamed Mussels**  
In classic marinara or white wine garlic

**Powerball Salad**  
Baby spinach, carrots, quinoa, almonds,  
avocado, chickpeas, tomatoes, onion &  
balsamic vinaigrette

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### Select an Entree

**Fillet of Sole Francaise**  
with vegetable of the day, whipped potatoes &  
lemon beurre blanc

**Organic Chicken Parmesan**  
Topped with marinara & melted mozzarella  
Served over linguini

**Fresh Tagliatelle**  
With sweet and spicy Italian sausage,  
tomato ragout & fresh peas

**Braised Boneless Beef Short Ribs**  
With whipped potatoes, mushrooms &  
chianti wine sauce

**Zucchini Noodles**  
Sauteed in Lentil Ragout

**Chicken Mist**  
Grilled chicken topped with artichoke hearts,  
sun dried tomatoes, mushrooms &  
white wine sauce over linguini

**Pork Chop Michelle**  
Berkshire pork chop, sweet & hot cherry vinegar  
peppers, pan fried sliced potatoes

**Linguini with Fresh Local Clams**  
Choose red or white

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### Select a Dessert

**Chocolate Mousse**  
With whipped cream & cherries

**Apple Cake**  
With vanilla ice cream